# Haliburton, Kawartha, Pine Ridge District Health Unit 2021 Annual Report

Our Values • Trust • Engagement • Accountability • Leadership

Healthy People Healthy Communities



# Message from our Medical Officer of Health and CEO

I am pleased to present the Haliburton, Kawartha, Pine Ridge (HKPR) District Health Unit's 2021 Annual Report. While much of our focus was on the intensity of the COVID-19 pandemic response, our 2021 Annual Report highlights other public health priorities as well.

In April 2021, I joined the health unit as its new Medical Officer of Health. I very quickly saw first-hand what a skilled, hard-working, and passionate group of employees were working behind the scenes of a complex and ever-changing response to the COVID-19 pandemic.

Early in 2021, the first doses of the COVID-19 vaccine were distributed and administered into the arms of those most vulnerable, including those in long-term care homes and high-risk settings. During the warmer months we collaborated with many community partners to administer thousands upon thousands of doses across our mass immunization clinics. Our collective efforts extended through the many districts we serve including the City of Kawartha Lakes, Haliburton County and Northumberland County, in remote, urban, and rural settings.

In the fall of 2021, the HKPR District Health Unit worked with local school boards to organize and implement vaccine clinics for our education workers, students, and their families, as well as surrounding communities. We thank the many school boards and education partners who worked with us to deliver the best public health response to some of our youngest and most vulnerable.

Reflecting on 2021, I am reminded of the invaluable role public health has played, and continues to play, within our communities. Local public health experts know and understand the communities they serve and monitor local situations, partner with agencies and work together on targeted approaches to best serve everyone. This was another year that demanded our complete attention. We were required to rapidly adapt, pivot, and respond. Whether we were controlling



outbreaks, responding to cases and contacts of the virus, or rolling out vaccination programs, I am proud of what we have accomplished and how we've responded.

With the leadership support of our Board of Health, the unwavering support of our many agency and community partners across all sectors and levels, and the tireless efforts of our employees, we persevered. Throughout 2021 the HKPR District Health Unit rose to every challenge, and for that I am very grateful.

Yours in health,

**Dr. Natalie Bocking**, MD, MIPH, CCFP, FRCPC (she/her) Medical Officer of Health and Chief Executive Officer HKPR District Health Unit

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# Members of the Board of Health



John Henderson, Vice-Chair Northumberland County



**Tracy Richardson** *City of Kawartha Lakes* 



David Marshall Provincial Appointee



**Bob Crate** Northumberland County



Andrea Roberts County of Haliburton



**Doug Elmslie, Chair** *City of Kawartha Lakes* 



Carol Brown Provincial Appointee

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**Bill Cane** 

Northumberland County



# Public Health Snapshot: What We Do



complaints were responded to by our Public Health Inspectors and Tobacco and Vaping Enforcement Officers



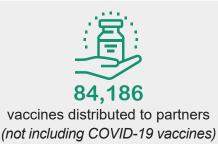
**3,324** positive COVID-19 case investigations completed



high risk COVID-19 contact investigations were followed up on



COVID-19 outbreaks managed





parents and families were supported through our Healthy Babies Healthy Children program



Feeding and Nutrition Clinic appointments



ticks collected and tested for vector-borne diseases





animal exposures occurred



Boil Water Orders and Advisories



Public Beaches and 6 Provincial Park Beaches monitored



inspections of food premises



reports of communicable and infectious diseases followed up on



inspections of other premises (i.e. recreational camps, childcare facilities, group homes)

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# **Our COVID-19 Pandemic Response**

In 2021, the HKPR District Health Unit entered its second year of pandemic response. The SARS-CoV-2 virus (COVID-19) continued to mutate and evolve leading to innovative approaches to limit its spread and prevent illness and death in our communities.



**Cases, Contact Tracing and Outbreaks** 

During 2021, the HKPR District Health Unit worked tirelessly to provide case management and contact tracing for COVID-19. Our teams completed case investigations on **3,234** positive cases of COVID-19 and followed up with **5,259** high-risk contacts. A team of nurses, public health inspectors, administrative professionals, as well as dietitians, food workers, health promoters, dental assistants and dental hygienists redeployed to this team, worked closely with individuals to assess their symptoms and provided important instructions for self-isolation and self-monitoring, to ensure individuals' health and well-being and prevent broader community spread of COVID-19.

In addition to case and contact management, the HKPR District Health Unit declared and managed **80** outbreaks among local workplaces, schools, childcare centres, long-term care homes, retirement homes, congregate living settings, and hospitals.

- 3,234 ..... confirmed cases
- 5,259 ...... high-risk contacts identified
- 80..... outbreaks managed

### **Enforcement and Community Safety**

The HKPR District Health Unit responded to **1,656** complaints from a variety of sources, which led to the issuing of **31** tickets under the province's *Reopening Ontario Act and Emergency Management and Civil Protection Act.* Taking a progressive enforcement approach, HKPR's Public Health Inspectors and redeployed Tobacco and Vaping Enforcement Officers visited facilities to provide education and conduct audits and inspections to ensure compliance with the regulations.



### Vaccination

This year marked the official beginning of the HKPR District Health Unit's rollout of the COVID-19 vaccine in our area and a significant shift in resources across the organization, the health system and the community. In our best effort to administer vaccines to a large number of individuals quickly, the HKPR District Health Unit worked collaboratively with municipalities within Northumberland County, the City of Kawartha Lakes, the County of Haliburton, and our health care partners (hospitals, family health teams, community health centres, Ontario Health Teams, paramedicine services, midwives, long-term care homes, retirement homes, congregate living settings, correctional facilities and pharmacies) to establish and operate mass immunization clinics across the three counties we serve.

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# **Our COVID-19 Pandemic Response**



Through collective community efforts, **336,784** doses of COVID-19 vaccine were administered in 2021 at mass vaccination clinics, pharmacies, primary care offices, schools, and mobile clinics.

This phased roll out was balanced with the rise and decline of cases of COVID-19, with a focus on vulnerable populations, as the nation progressed through each wave of COVID-19. By the end of 2021, **74.9%** of the eligible local population had received two doses of a COVID-19 vaccine.

- 260,856 ..... vaccines administered by HKPR, excluding doses administered by pharmacies
- **336,784** .....vaccines administered in total, including doses administered by pharmacies
- **150** .....different HKPR District Health Unit vaccination locations, including clinics run at long-term care homes and retirement homes.
- 78.....different partner-collaborated vaccination locations including hospitals, primary care, paramedicine, long-term care homes and retirement homes.
- **50**.....vaccine locations were operated by pharmacies.
- **76.7%** ...... of eligible residents who received their first dose\*

- 74.9% ...... of eligible residents who received their second dose\*
- 32.3% ...... of eligible residents who received their third dose\*

\*the above percentage includes the population 5 -11 that wasn't eligible for a COVID-19 vaccination until November 23, 2021.

Throughout 2021, our COVID-19 Response Team focused on serving and supporting the populations disproportionately impacted by the pandemic who faced barriers to prevention, testing and vaccination. Using a community engagement approach, our teams worked closely with community partners to acknowledge barriers and address inequalities by implementing measures to allow all individuals access to COVID-related information, testing, and vaccination.



We want to thank our partners for their support, knowledge, and resources in meeting the needs of our communities including the Government of Canada, Government of Ontario, Ministry of Health, County of Haliburton, City of Kawartha Lakes, Northumberland County, school boards, hospitals and health care agencies, community health centers and social service providers, surrounding Public Health Units, and testing and vaccination partners. We also want to thank the residents and business owners for their efforts and support in keeping our community healthy, safe, and well during the pandemic.

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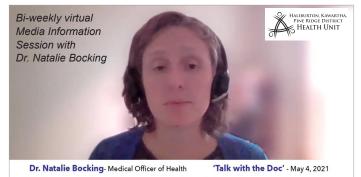
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# **Communications, IT and Human Resources**

### Communications

Throughout 2021, the HKPR District Health Unit's Communication Services Department strove to provide accurate and reliable COVID-19 information from international, federal, provincial, and local sources to residents, employers, and businesses in our area. Several forms of communication were established or expanded, including a COVID-19 Information Call Centre, a designated COVID-19 website section, bi-weekly virtual Media Information Sessions, social media campaigns, and other forms of media engagement. Nearly 93% of all HKPR media coverage in 2021 was COVID-related. These various platforms allowed for wide distribution of COVID-19-specific information to stakeholders and the community-at-large in a timely manner. Using daily communication strategies, the HKPR District Health Unit prioritized sharing vital information and statistics on vaccination, outbreaks, testing and isolation requirements, public health restrictions, and the overall local pandemic response.



- 2,201 ...... total media coverage (93% was COVID-19 related)
  85...... communication pieces including media releases and advisories
  45..... media information sessions
  29,160 ..... COVID-19 related phone calls to our
- dedicated COVID-19 Information Call Centre



Information Technology

In September 2020 Microsoft Teams went live during the Windows 10 rollout as the Health Unit began integrating virtual meeting technology during the onset of the COVID-19 pandemic which allowed us to keep working and to stay connected as we shifted to working from home. Health Unit employees were able to collaborate through meetings, chats, calls, and automate business and client processes, all within a single app. Our new virtual technology was quickly adopted with **48%** of employees using Microsoft Teams in December 2020 and **100%** of employees using Microsoft Teams by February 2021.

#### **Human Resources**

During the pandemic, the Health Unit's Human Resources Department focused heavily on staffing to support the COVID-19 response. Many positions were created to support the response. In March, training on the mass immunization clinic roles began and employees were redeployed from working in COVID-19 Case and Contact Management. With the assistance of a staffing agency, HKPR District Health Unit onboarded 50 employees between March and April, which supported call centre, contact tracing, administration, and mass immunization clinics. The Provincial Public Health Workforce was also engaged to assist with case investigation and contract tracing when activity levels were beyond the capacity of Health Unit employees.

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# **Core Public Health Programs & Services**

To manage the varied demands of the pandemic, many HKPR District Health Unit staff were redeployed to the emergency response and vaccination efforts throughout 2021, which impacted the delivery of our core public health programs.

# HEALTH PROMOTION DIVISION

### Healthy Families and Healthy Babies, Healthy Children

Throughout 2021, the HKPR District Health Unit continued to prioritize the continuation of the Healthy Babies Healthy Children (HBHC) program, supporting **661** parents and families with infant feeding and healthy growth and development through telephone contact, virtual visits and home visits.



**70** Feeding and Nutrition Clinic appointments (virtual and in-person)



**260** postpartum telephone calls to support parents transition from hospital to home



**245** telephone consultations provided through the Healthy Families Information and Support Line

Healthy Schools/Healthy Communities (including Oral Health) – OFFLINE, essential services continued

### **Harm Reduction**



**55** Naloxone kits distributed to clients

**2,138** Naloxone kits and refill cartridges distributed to partners

# **HEALTH PROTECTION DIVISION**

### Infectious and Communicable Diseases Prevention and Control

#### We responded to:



**4,415** reports of communicable and infectious diseases (including COVID-19)



**666** reports of communicable and infectious diseases (not including COVID-19)



**138** clients with urgent sexual health needs or in clinics\*

\*Sexual health clinics were suspended for most of 2021, however some clinics were able to reopen on a modified schedule at the end of the year.



**31** non-COVID-19 outbreaks (26 other respiratory and 5 Enteric)



**31** ticks collected and tested for vector-borne diseases, including Lyme disease, during tick dragging operations



**175** mosquito traps were submitted from 15 different sites with a total of 18,444 mosquitoes collected for vector-borne disease surveillance



604 animal exposures

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# **Core Public Health Programs & Services**

#### Immunization

Immunization clinics, for publicly funded immunizations including the school-based vaccination program, were suspended for most of 2021 due to the COVID-19 pandemic response, however two school-based Immunization clinics and two 'No Family Doctor' clinics were able to be held at the end of 2021.



**254** vaccine doses were administered



150 cold chain fridge inspections



**84,186** vaccines distributed to partners (not including COVID-19 vaccines)

Chronic Disease Prevention & Well-Being OFFLINE – focused on COVID-19 response



**Food Safety** 

648 inspections of food premises



**67** checks supporting food recalls (from frozen mangos contaminated with Hepatitis A virus)



**161**\* inspections of other premises (i.e. recreational camps, migrant farms, childcare facilities, personal service settings, group homes)

\*Note: Not all premises were open in 2021 due to the pandemic.

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#### Water Safety



81 responses to Adverse Water Quality Incidents



72 Boil Water Orders and Advisories



**44** Public Beaches and **6** Provincial Park Beaches monitored



151 Public Pools\* inspected
10 Public Splash Pads\* inspected
6 Public Wading Pools\* inspected
32 Public Whirlpools\* inspected

\*Note: Not all premises were open in 2021 due to the pandemic.

### Environmental Health and Inspections



**99** Tobacco display and promotion inspections



**83** Vapour display and promotion inspections

Note: The Tobacco Enforcement Officers were allocated to support the COVID-19 response full-time until March where they started to do very limited display and promotion inspections as their COVID-19 work allowed.

**Research & Evaluation/CQI** 

Completed an evaluation of COVID-19 mass

Completed a quality improvement project with

incorporated into the way we work going forward

staff and management identifying lessons learned from the COVID-19 response and what

we could do better. Identified a number of lessons learned that will continue to be

recommended improvements

immunization clinics incorporating feedback from clients attending the clinics and implemented

# **Foundational Standards**



### Epidemiology Team

- Provided ongoing COVID-19 case/contact and outbreak reporting through the COVID-19 dashboard
- Implemented the COVID-19 immunization dashboard in the summer 2021
- Maintained monthly reportable communicable disease reporting
- Weekly opioid reporting

### **Health Equity**

- Worked with the COVID-19 response team and community partners to address health inequities experienced by individuals and families impacted by COVID-19
- Worked with Indigenous partners to plan and implement Indigenous COVID-19 immunization clinics

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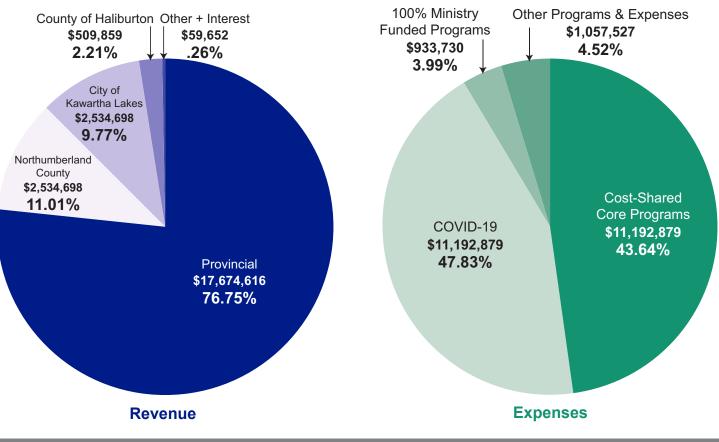
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# **Financial Overview**

#### Statement of Operation for the year ending December 31, 2021

Revenue	
Provincial	\$17,674,616
Municipal	
<ul> <li>Northumberland County</li> </ul>	\$2,534,698
<ul> <li>City of Kawartha Lakes</li> </ul>	\$2,249,536
<ul> <li>County of Haliburton</li> </ul>	\$509,859
Interest	\$22,995
Other	\$36,657
TOTAL REVENUES	\$23,028,361
Expenses	
COVID-19	\$11,192,879
Cost-Shared Core Programs	\$10,210,464
100% Ministry Funded Programs	\$933,730
Other Programs & Expenses	\$1,057,527
TOTAL EXPENSES	\$23,394,600



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### HKPR District Health Unit 2021 Annual Report

For a printed copy or for more information, contact:

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