



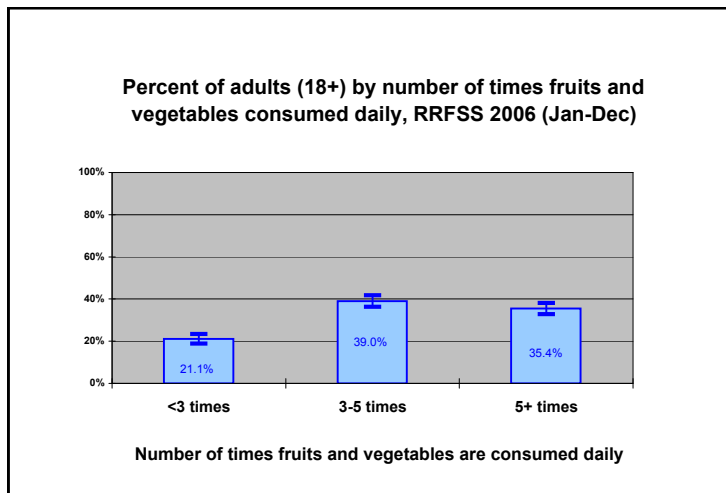
Haliburton, Kawartha, Pine Ridge District Health Unit RRFSS 2006 (Jan-Dec) - Fruits and Vegetables

Percent of adults (18+) by number of times fruits and vegetables consumed daily, RRFSS 2006 (Jan-Dec)

Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
<3 times	21.1%	23.4%	18.8%
3-5 times	39.0%	41.8%	36.2%
5+ times	35.4%	38.2%	32.7%
do not know	--	--	--

**Not released

Sample size: 1193



■ Percentage
— 95% Upper or Lower Confidence Limit

Interpretation:

- 21.1% (+/-2.3%) adults (age 18+) in HKPR region report that they consume fruits and vegetables less than 3 times a day
 - 39.0% (+/-2.8%) adults (age 18+) in HKPR region report that they consume fruits and vegetables 3-5 times a day
 - 35.4% (+/-2.7%) adults (age 18+) in HKPR region report that they consume fruits and vegetables more than 5 times a day
- ** data not released for adults who did not know the answer or refused to answer due to small cell size

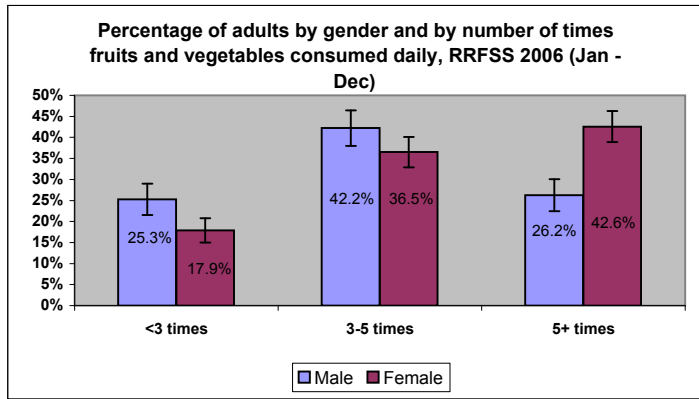
Percent of adults (18+) by gender and by number of times fruits and vegetables consumed daily, RRFSS 2006 (Jan-Dec)

Gender	Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
Male	<3 times	25.3%	29.0%	21.5%
	3-5 times	42.2%	46.5%	38.0%
	5+ times	26.2%	30.0%	22.5%
	do not know	--	--	--
Sample size:		521		

**Not released

Gender	Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
Female	<3 times	17.9%	20.8%	15.0%
	3-5 times	36.5%	40.1%	32.9%
	5+ times	42.6%	46.3%	38.8%
	do not know	--	--	--
Sample size:		672		

**Not released



Interpretation:

25.3% (+/-3.7%) males (age 18+) in HKPR region report that they consume fruits and vegetables less than 3 times a day
 42.2% (+/-4.2%) males (age 18+) in HKPR region report that they consume fruits and vegetables 3-5 times a day
 26.2% (+/-3.8%) males (age 18+) in HKPR region report that they consume fruits and vegetables more than 5 times a day
 17.9% (+/-2.9%) females (age 18+) in HKPR region report that they consume fruits and vegetables less than 3 times a day
 36.5% (+/-3.6%) females (age 18+) in HKPR region report that they consume fruits and vegetables 3-5 times a day
 42.6% (+/-3.7%) females (age 18+) in HKPR region report that they consume fruits and vegetables more than 5 times a day
 ** data not released for adults who did not know the answer or refused to answer due to small cell size

Percent of adults (18+) by age and by number of times fruits and vegetables are consumed daily, RRFSS 2006 (Jan-Dec)

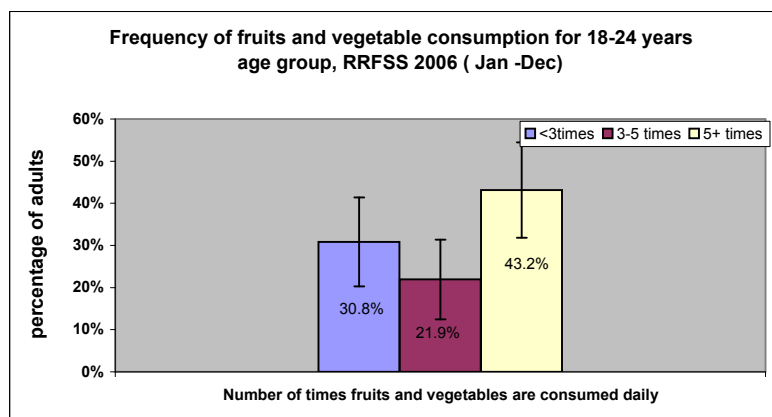
Age	times fruits and vegetables	Proportion	95% upper confidence limit	95% lower confidence limit
18-24	<3 times*	30.8%	41.4%	20.3%
	3-5 times*	21.9%	31.4%	12.5%
	5+ times	43.2%	54.5%	31.8%
	do not know	--	--	--

* Interpret with caution, high variability

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**Not released

Sample size: 74



Interpretation:

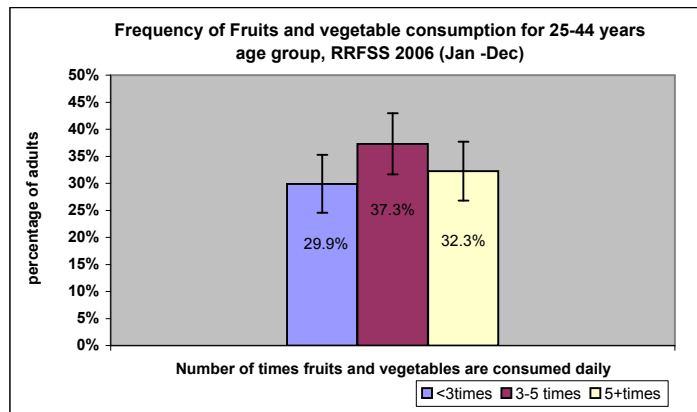
- 30.8% (+/-10.6%) adults of age group 18-24 in HKPR region report that they consume fruits and vegetables less than 3 times a day
- 21.9% (+/-9.5%) adults of age group 18-24 in HKPR region report that they consume fruits and vegetables 3-5 times a day
- 43.2% (+/-11.3%) adults of age group 18-24 in HKPR region report that they consume fruits and vegetables more than 5 times a day

** Data not released for adults who did not know the answer or refused to answer due to small cell size

Age	Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
25-44	<3 times	29.9%	35.3%	24.6%
	3-5 times	37.3%	42.9%	31.7%
	5+ times	32.3%	37.7%	26.8%
	do not know	--	--	--

**Not released

Sample size 283



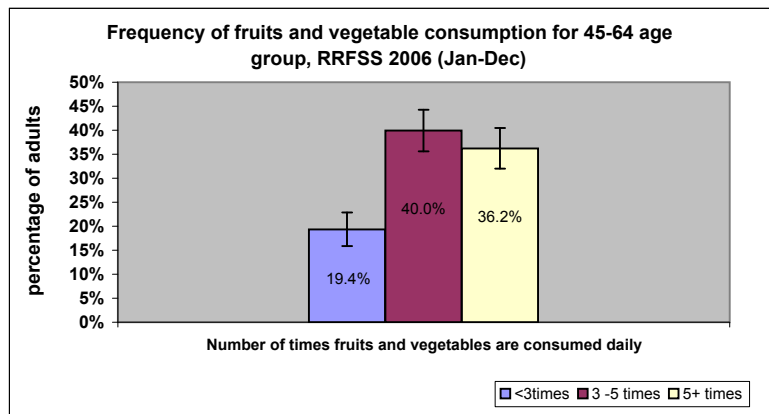
Interpretation:

29.9% (+/-5.3%) adults of age group 25-44 in HKPR region report that they consume fruits and vegetables less than 3 times a day
 37.3% (+/-5.6%) adults of age group 25-44 in HKPR region report that they consume fruits and vegetables 3-5 times a day
 32.3% (+/-5.5%) adults of age group 25-44 in HKPR region report that they consume fruits and vegetables more than 5 times a da
 ** Data not released for adults who did not know the answer or refused to answer due to small cell size

Age	Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
45-64	<3 times	19.4%	22.9%	15.9%
	3-5 times	40.0%	44.3%	35.6%
	5+ times	36.2%	40.5%	32.0%
	do not know	--	--	--

Sample size: 493

**Not released



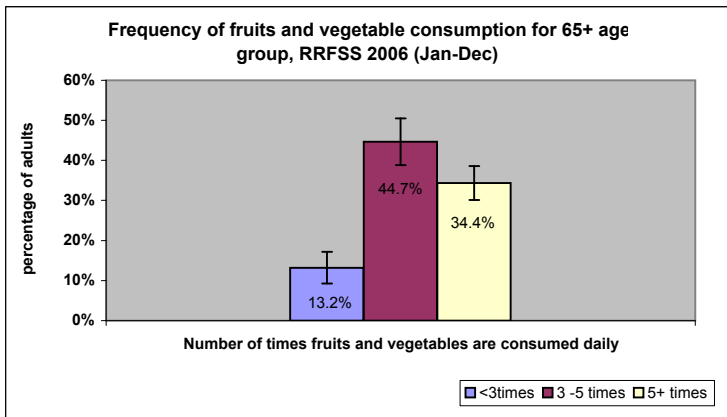
Interpretation:

19.4% (+/-3.5%) adults of age group 45-64 in HKPR region report that they consume fruits and vegetables less than 3 times a day
 40.0% (+/-4.3%) adults of age group 45-64 HKPR region report that they consume fruits and vegetables 3-5 times a day
 36.2% (+/-4.2%) adults of age group 45-64 in HKPR region report that they consume fruits and vegetables more than 5 times a da
 ** Data not released for adults who did not know the answer or refused to answer due to small cell size

Age	Number of times fruits and vegetables are consumed daily	Proportion	95% upper confidence limit	95% lower confidence limit
65+	<3 times	13.2%	17.2%	9.2%
	3-5 times	44.7%	50.5%	38.9%
	5+ times	34.4%	39.9%	28.8%
	do not know	--	--	--

**Not released

282



Interpretation:

- 13.2% (+/-4.0%) adults of age group 65+ in HKPR region report that they consume fruits and vegetables less than 3 times a day
 - 44.7% (+/-5.8%) adults of age group 65+ in HKPR region report that they consume fruits and vegetables 3-5 times a day
 - 34.4% (+/-5.6%) adults of age group 65+ in HKPR region report that they consume fruits and vegetables more than 5 times a day
- ** Data not released for adults who did not know the answer or refused to answer due to small cell size

Limitations:

1. Questions only asked of adult residents aged 18+
2. Telephone survey only conducted in English
3. Results are based on self-reported behaviors.
4. (*) indicates that results are based on small sample size, thus estimates have high variability.

Notes:

1. The numbers in the tables and graphs are weighted
2. Missing responses are not included in the analysis
3. Don't know and refused responses are analyzed according to RRFSS analysis guideline.
4. Release criteria of the data is according to RRFSS analysis guideline.

* Interpret with caution, high variability.

** Data not released.