

## EnviroNote

### LOCAL FOOD in Haliburton County

#### Why local food?

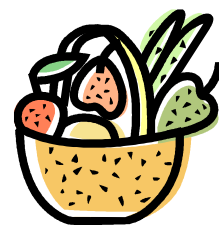
- As consumers we want to know how and where our food is produced.
- We're concerned about health, the environment, and rising energy costs for transportation – especially since rising fuel costs are likely to mean increased food costs.

#### Is there any farming in Haliburton County?

- Local farming took root here with the influx of white settlers in the 1860s.
- Farmers had to deal with a cold climate, short growing season and poor soil.
- Farming peaked in 1941 with 638 registered farms, but dropped to 69 in 2001.
- 2006 saw a resurgence in local farming – 84 registered farms, an 18% rise in five years.
- Currently the Haliburton County Farmers' Association (HCFA) provides agricultural information and support to local farmers.

#### How did the Haliburton Farmers' Market get started?

- The market grew out of the vision and hard work of local farmers, the farmers' association, food advocates and the newly-formed local food coalition.
- A public forum in October 2008 brought all players together to discuss local food production and distribution.
- Several planning sessions later, a core group formed the Haliburton Farmers' Market Association (HFMA).
- July 3<sup>rd</sup> HFMA launched a weekly market Fridays 3 - 7pm to September 11 2009; the market was located beside Roberts Marina on County Road 21.



#### Where can I find local food in Haliburton County?

Fresh produce and meat are available through:

1. Farm gate sales
2. Waverley Brook Farm Community Shared Agriculture (CSA) program
3. Farmers' Markets in Haliburton, Tory Hill, and Kinmount
4. The Highland Meat Co-operative.



*For details and contact information on how and where to locate local food, see over.*

# EH! Environment Haliburton!

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### LOCAL FOOD – who and where

#### Haliburton Farmers' Market

- fresh produce, baking, preserves, herbs, plants, cut flowers, maple syrup, honey, local artisans; 26 vendors; contact Bob Smith (705) 286-1940 [robtks@sympatico.ca](mailto:robtks@sympatico.ca) or Angel Taylor (705) 286-4877.
- Location for 2010 to be determined.

#### Tory Hill Market

- graded eggs, meat, fresh produce, grains, maple syrup, honey, preserves, baking, plants, local artisans; 16 vendors; contact Tracey Lee Green (705) 448-9785. or email [toryhillmarket@gmail.com](mailto:toryhillmarket@gmail.com)
- Tory Hill, Hwy 118 East; Sundays 10am-4pm July and August

#### Kinmount Farmers' Market

- fruit, vegetables, local artisans; 13 vendors
- Heritage Park in Kinmount; Saturdays 9am-2pm May to October
- contact Marion Willemsen (705) 488-2612

#### Haliburton County Farmers' Association (HCFA)

- farm-gate sales including vegetables, fruit, herbs, beef, lamb, chicken, goat milk and cheese, eggs, alpaca fleece, wood
- contact: Andrea Coysh, (705) 286-6753, [andreacovsh@gmail.com](mailto:andreacovsh@gmail.com)



#### [www.haliburtonfresh.com](http://www.haliburtonfresh.com)

- links consumers with local growers, listing contact information and products
- website sponsored by the Haliburton County Farmers' Association

#### Community Shared Agriculture (CSA): Waverley Brook Farm

- four-season family farm: cattle, sheep, chickens, maple syrup, wood, vegetables, fruit, herbs; more than 60 crops during the season
- contact: Jean Schlicklin Tyler or Godfrey Tyler (705) 457-2214, or check [www.waverleybrookfarm.com](http://www.waverleybrookfarm.com)

#### Highland Meat Cooperative

- local livestock producers representing seven farms
- free-range organically fed animals including beef, lamb, and pork
- contact: (705) 286-0177 (freezer orders only)

#### Haliburton Highlands Local Food Coalition (HHLFC)

- a coalition of food advocates who support the growing and eating of local food
- HHLFC is a sub-group of Environment Haliburton! made up of consumers, growers, the Health Unit, the Haliburton Farmers' Association, and local farmers' markets
- contact Sharon Harrison 705-286-1940 or [dancingwildflower@sympatico.ca](mailto:dancingwildflower@sympatico.ca)