



Rapid Risk Factor Surveillance System

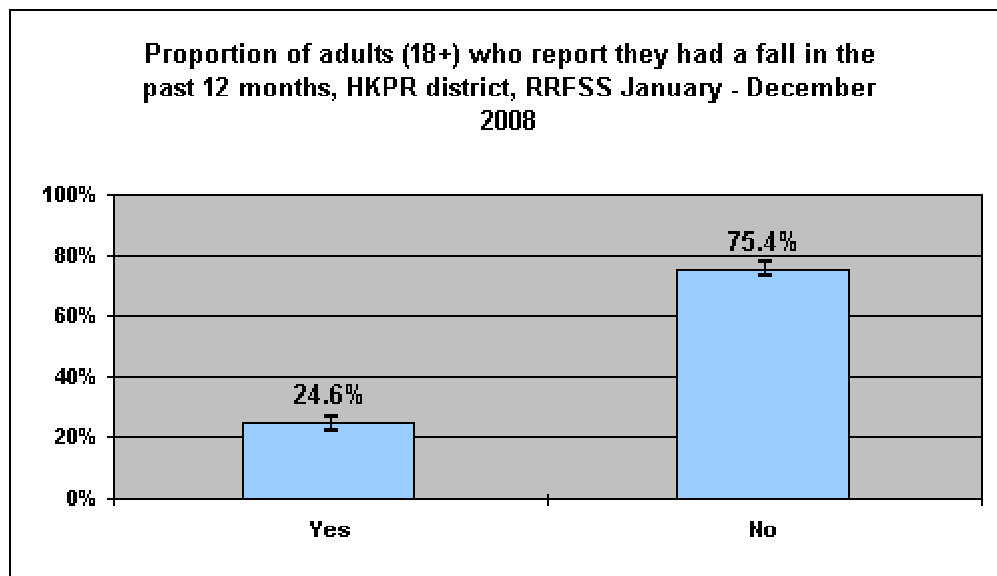
Proportion of adults (18+) who report they had a fall in the last 12 months, HKPR district, RRFSS January – December 2008

Table 1a: Falls (overall)

Had a fall in the past 12 months	Proportion	95% upper confidence limit	95% lower confidence limit
Yes	24.6%	27.0%	22.1%
No	75.4%	77.9%	73.0%

sample size 1198

Figure 1a: Falls (overall)



Interpretation:

24.6% (+/-2%) of adults (18+) reported having a fall in the past 12 months.

75.4% (+/-2%) of adults (18+) reported not having a fall in the past 12 months.

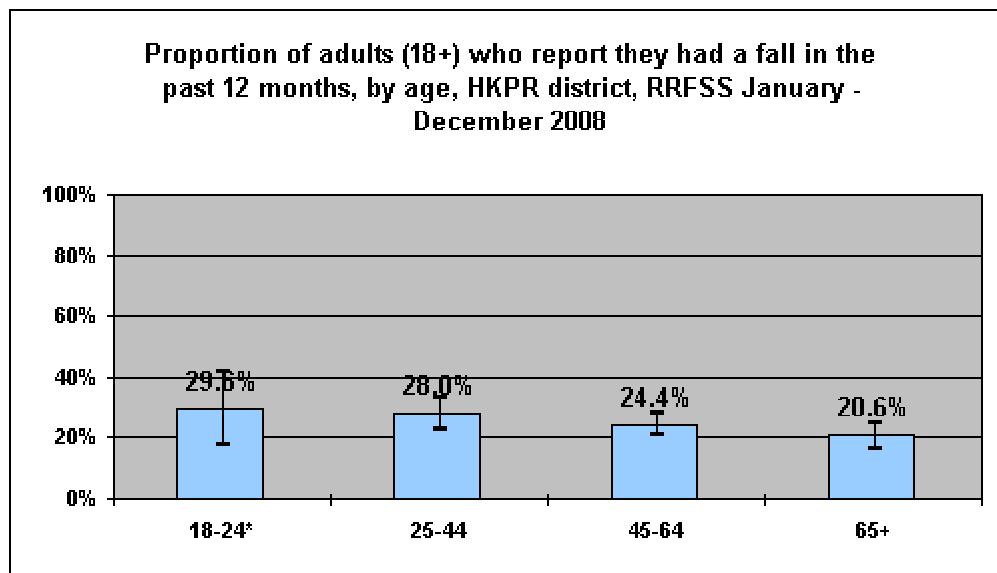
Proportion of adults (18+) who report they had a fall in the last 12 months, by age, HKPR district, RRFSS January – December 2008

Table 1b: Falls (by age)

Had a fall in the past 12 months	Proportion	95% upper confidence limit	95% lower confidence limit
18-24*	29.6%	41.6%	17.7%
25-44	28.0%	33.2%	22.9%
45-64	24.4%	28.1%	20.7%
65+	20.6%	25.0%	16.2%

sample size 1181

Figure 1b: Falls (by age)



Interpretation:

29.6%* (+/-12%) of adults (18-24 years) reported having a fall in the past 12 months.

28.0% (+/-5%) of adults (25-44 years) reported having a fall in the past 12 months.

24.4% (+/-4%) of adults (45-64 years) reported having a fall in the past 12 months.

20.6% (+/-4%) of adults (65+ years) reported having a fall in the past 12 months.

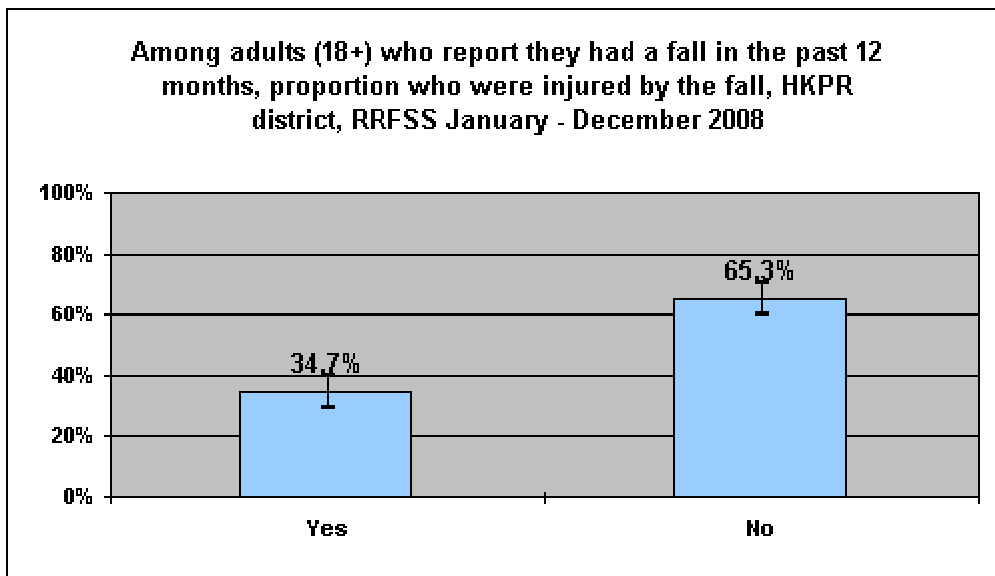
Among adults (18+) who report they had a fall in the past 12 months, proportion who were injured by fall, HKPR district, RRFSS January – December 2008

Table 2a: Falls (injuries)

Had a fall in the past 12 months and injured self	Proportion	95% upper confidence limit	95% lower confidence limit
Yes	34.7%	40.2%	29.3%
No	65.3%	70.7%	59.8%

sample size 294

Figure 2a: Falls (injuries)



Interpretation:

34.7% (+/-5%) of adults (18+) who reported having a fall in the past 12 months reported that they were injured by the fall.

65.3% (+/-5%) of adults (18+) who reported having a fall in the past 12 months reported that they were not injured by the fall.

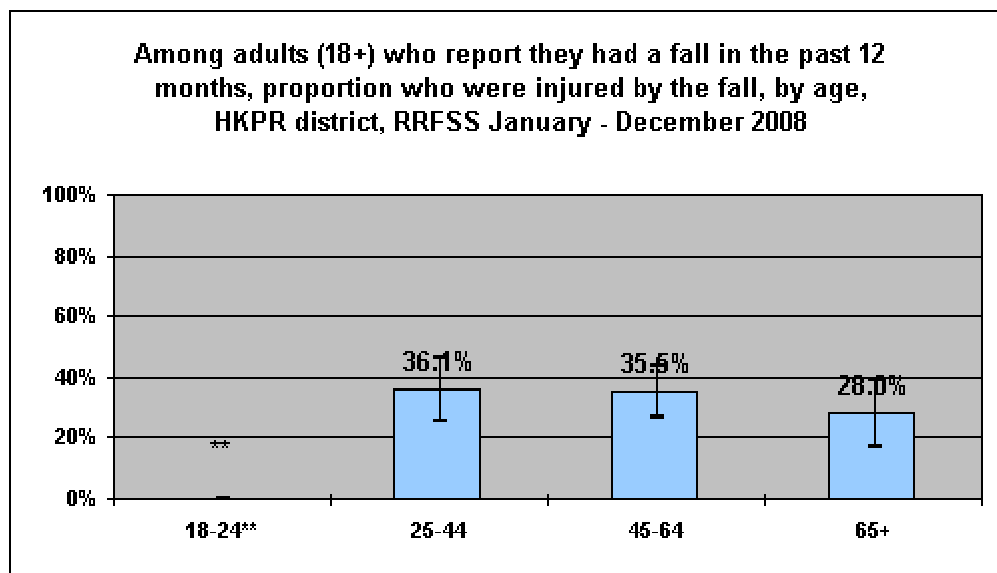
Among adults (18+) who report they had a fall in the past 12 months, proportion who were injured by fall, by age, HKPR district, RRFSS January – December 2008

Table 2b: Falls (injuries, by age)

Had a fall in the past 12 months	Proportion	95% upper confidence limit	95% lower confidence limit
18-24**	**	**	**
25-44	36.1%	46.6%	25.7%
45-64	35.5%	43.9%	27.0%
65+	28.0%	38.9%	17.1%

sample size 290

Figure 2b: Falls (injuries, by age)



Interpretation:

36.1% (+/-10%) of adults (25-44 years) who reported having a fall in the past 12 months reported that they were injured by the fall.

35.5% (+/-8%) of adults (45-64 years) who reported having a fall in the past 12 months reported that they were injured by the fall.

28.0% (+/-11%) of adults (65+ years) who reported having a fall in the past 12 months reported that they were injured by the fall.

Limitations:

1. Questions are only asked of adult residents aged 18+.
2. Telephone survey only conducted in English.
3. Results are based on self-reported behaviours.
4. (*) indicates that results are based on small sample size, thus estimates have high variability.

Notes:

- 1) The numbers in the tables and graphs are weighted.
 - 2) Missing responses are not included in the analysis.
 - 3) 'Don't Know' and 'Refused' responses are analyzed according to RRFSS Analysis Guidelines.
 - 4) Release criteria of the data are according to RRFSS Analysis Guidelines.
- * Interpret with caution, high variability.
** Data not released.