

Salvation Army, Souper-Time

51 King Street
Held at St. Mark's Anglican Church on Tuesdays
from 11:30 am to 1 pm.

Salvation Army Community & Family Services

74 Queen Street, Unit H
Provides emergency food. Office open Monday,
Wednesday and Friday from 10 am to 2 pm.
Phone: (905) 885-2323

Warkworth

Salvation Army Outreach Program in Warkworth

Food available.
Call for location and time (705) 653-4185

The Warkworth Food Cupboard

Open weekly.
Speak with Lisa Shepherd or call Bonnie Laurienzo for location, time and further information at (705) 924-1531.

Gardens in Northumberland County

Cobourg

Villa St. Joseph Community Garden
445 Monk Street
Garden space available at a minimal cost.
Phone (905) 372-2741

Warkworth

Unity Garden
Collective gardening opportunity in the Warkworth area.
Speak with Lisa Shepherd or call Bonnie Laurienzo for more information at (705) 924-1531.

Northumberland County-Wide Services

Northumberland County Community & Social Services, Children Services - Community Outreach Program

Links families with children to food. Please call if you need help.
Phone: (905) 372-6846 or
1-800-354-7051, ext. 2473, response within 24 hours

Salvation Army - Good Food Box, Northumberland

Large box of vegetables and fruit each month for an excellent price. Call (905) 373-9440 or 1-866-865-0768 for information.

A Bright Place to Start

Programs for children 0 to 6 years of age and their families. Groups meet across Northumberland County. Milk for Moms vouchers and prenatal vitamins available. Meals are prepared and shared at each meeting. Transportation provided. Call Wendy at the Northumberland Child Development Centre at (905) 885-8137.

Salvation Army Christmas Food Hamper

For information, please call
(905) 373-9440 or 1-866-865-0768

Hungry?



**A list of where to get
free or low cost food
in
Northumberland
County**



Toll-free:
1-866-888-4577

Website:
www.hkpr.on.ca

June 2008

Alderville

Alderville Community Food Bank

8467 County Road 45

Open to people living in Alderville and in receipt of Social Services. Monday to Thursday from 8:15 am to 4:30 pm and Friday from 8:15 am to 2 pm.

Phone: (905) 352-2140

Brighton

Brighton Fare Share Food Bank

Located from the parking lot behind Rosie's Restaurant in downtown Brighton, corner of Prince Edward and Dundas Streets. Open the last two Wednesdays of the month from 9 am to noon.

Emergency: Call (613) 475-4190

Family Lunch

Trinity St. Andrew's United Church
13 Chapel Street, Brighton

For parents/caregivers and children. Crafts from 10:30 to 11:30 am. Lunch from 11:30 am to 12:30 pm. Donations only.

Call to register (613) 475-2888

Campbellford

Fare Share Campbellford and Warkworth Food Bank

28 Doxsee Avenue - rear of building

Open Wednesday from 10 to 11:30 am.

Emergency: call (705) 653-2623, (705) 653-1930, (705) 632-0035

Campbellford Salvation Army

67 Queen Street

Food and Milk for Moms vouchers available. Office open Tuesday to Thursday from 9 am to 1 pm.

Assistance by appointment:

call (705) 653-4185

Salvation Army Lunch Program

154 Kent Street

Open Monday from noon to 1:00 pm

Call (705) 653-4185 for information.

Cobourg

Cobourg Fare Share Food Bank

Northam Industrial Park, Unit 17 South

Open Wednesdays from 10 am to 1 pm, 6 to 8 pm and Fridays from 10 am to 1 pm.

Phone: (905) 372-5308

Help Centre Food Cupboard

Fleming Building, 1005 Elgin St. W., Suite 301

Open Monday, Tuesday, Wednesday and Friday from 9 am to 5 pm; Thursdays by appointment only. Bring your own bags.

Phone: (905) 372-2646

Salvation Army Community & Family Services - Emergency Food Assistance

66 Swayne Street

By appointment.

Phone: (905) 373-9440

Lunch Programs

Call 372-3442 for more information.

St. Andrew's Presbyterian Church, Lunch Program

200 King Street West

Open Thursdays from 11:30 am to 12:30 pm.

St. Peter's Anglican Church, Lunch Program

240 College Street

Open Tuesdays from 11:30 am to 12:30 pm.

Alliance Church Lunch Program @ St. Peter's Anglican Church

240 College Street

Open Fridays from 11:30 am to 12:30 pm.

Trinity United Church, Lunch Program

15 Chapel Street

Open Wednesdays from 11:30 am to 12:30 pm.

Salvation Army, Souper-Time

66 Swayne Street

Call for times and dates.

Phone: (905) 373-9440

Colborne

Blessing Cupboard Colborne

Prospect Missionary Church

75 King Street East

Every second Tuesday from 11 am to 1 pm and each Sunday from 12:30 to 1 pm.

Emergency: call (905) 355-1488

Cramahe Food Bank

Colborne United Church

1 Church Street East

Open the second and fourth Tuesday of the month from 9 am to 11 am.

Emergency: call (905) 355-3331 or (905) 355-1338

Hamilton Township

Community Works, More Than a Food Bank

7147 Lake Street, Bewdley Optimist Hall

Open Thursday from 3:30 pm to 6 pm. Clothing available.

Phone: (905) 342-1146

Hastings and Roseneath

Ministerial Food Bank

50 Victoria Street, Hastings

Tuesday from 1 pm to 2:30 pm, Wednesday from 7 pm to 8 pm. Closed the last week of the month.

Emergency: call (705) 696-1105

Port Hope

Port Hope Fare Share Food Bank

34 South Street, in the basement of the church

Open Wednesdays from 10 am to noon and 6 to 8 pm.

Phone: (905) 885-6674