

The goal of the Parenting Philosophy is to support a consistent family centred approach to parenting programs throughout the County of Haliburton, the City of Kawartha Lakes, and Northumberland County.

To be successful in accomplishing this goal, a commitment to continual learning is imperative. Recognizing that parenting is individualized and can differ from child to child we will establish a strong base for reaching our goal. It takes a village to raise a child—but at the very core of it, positive and stable parent-child relationships lay the foundation for healthy childhoods. Studies have shown that helping mitigate Adverse Childhood Experiences (ACEs) is essential to creating a solid foundation for children to grow, mature, and develop.

APPROACHES

We believe parenting should be a positive experience for not only the parent, but the child(ren) involved. With that in mind the Parenting Philosophy focuses on two key approaches.



Strength-based Approach

We support a parenting style that focuses on the family's strengths to foster a positive family dynamic.



Family Centred Approach

We believe it is essential to meet families at any stage of their parenting journey, so they feel they can safely express their needs.



TRUST

Offering programs that are free of judgement that allow families to thrive in a positive environment while feeling safe and secure in their parenting decisions.

VALUES

Relationships are the foundation of a resilient and healthy family dynamic. The Parenting Philosophy focuses on **the key values** trust, partnership and family first. Building on these values will empower families to build and maintain a positive family dynamic.



PARTNERSHIP

Communicate freely and respectfully by sharing insight and perspective to the family unit and engage in shared decision-making.



FAMILY FIRST

Fostering adaptability in supporting families at any parenting stage allowing them to voice their needs while also setting realistic goals.

Strong families are built on the foundations of strength-based and family centered approaches, and we are committed to supporting parents, guardians, and caregivers, so that all residents of the County of Haliburton, City of Kawartha Lakes, and Northumberland County have the best chance to thrive and succeed.