

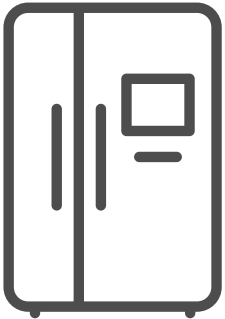


# FLOOD FACTS: Food Safety



**Learn about food safety during a power outage to keep your family safe!**

## During a power outage:



Keep fridge/freezer doors closed to maintain temperature

Food in fridge will stay cold for 4-6 hours if door kept closed



Full freezer will keep food frozen for roughly two days

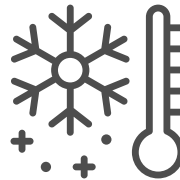
Half-full freezer will keep food frozen for one day

## If power is going to be out longer:



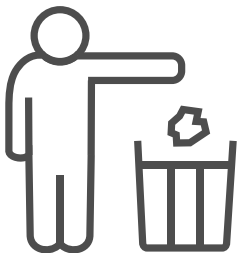
Add ice to fridge/freezer to keep temperatures cooler

Move food to new location with power.



Transport food in a cooler to keep it cold (4°C)

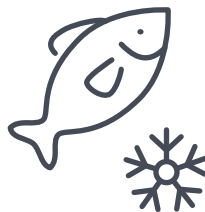
## Throw out food if:



Completely thawed or at room temperature

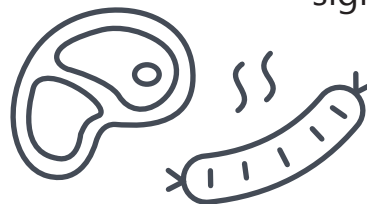
Discoloured or smells bad

## It's safe to refreeze food if:



Ice crystals are present in the food

There is no smell or sign of spoiling



**If in doubt about the safety of food, throw it out!**  
Eating unsafe food can make you sick.