

# Novel Coronavirus (COVID-19)

## Management of positive patients in your practice

Guidance for primary care providers notifying patients who are not hospitalized of positive COVID-19 results.

This guide should not replace primary care provider's clinical judgment.

### 1 Instruct patient to self-isolate

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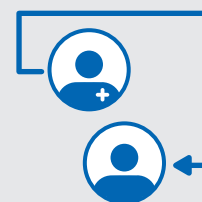
- Most individuals with mild to moderate illness (i.e. never hospitalized), including health care workers and residents of congregate settings, can discontinue isolation at 10 days after symptom onset, provided they are afebrile, and symptoms are improving.
- For severe cases (required ICU-level support or those with severe immune compromise), they will need to self-isolate for a period of 20 days following symptom onset.
- In HKPR, COVID-19 positive cases are subject to a [Class Section 22 Order](#), which mandates the completion of an isolation period under threat of sanction.
- Refer patient to [Public Health Ontario COVID-19 Isolation Fact Sheet](#) and review with them, as appropriate.
- Advise the patient that HKPR District Health Unit will be contacting the patient for case follow-up.

### 2 Isolation requirements for caregivers, household members and close contacts



- Confirm dates of the patient's period of communicability. Start date would be 48 hours prior to the start of their symptoms and up to 10 days after onset (or 20 days if a severe case)
- For asymptomatic positive cases, HKPR District Health Unit will provide direction on isolation and contact identification.
- Advise the patient that those who they lived with or were in direct contact with during their period of communicability will need to self-isolate for 14 days after last contact with the patient. HKPR District Health Unit will contact the patient to identify their close contacts and to provide further direction.
- Refer the patient and/or their caregivers to [Public Health Agency of Canada's Advice for Caregivers](#), as appropriate.

### 3 Patient follow up



- Please remind your patients that they should monitor their symptoms of COVID-19. Talk to them about when to seek medical attention or call 911. For example, "If you feel chest pain, short of breath, or have difficulty breathing, call 911 and tell them you have tested positive for COVID-19".

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## Patient Education

- Should you or your patient have questions regarding COVID-19, please refer to:

[HKPR District Health Unit "COVID-19 Home"](#)

[COVID-19 Guidance: Primary Care Providers in a Community Setting](#)

[COVID-19 Patient Screening Guidance Document](#)

[COVID-19 Quick Reference Public Health Guidance on Testing and Clearance](#)

[HKPR COVID-19 Q&A](#)

[HKPR District Health Unit "How to wash your hands"](#)

[HKPR District Health Unit "Self-Isolation"](#)

[HKPR District Health Unit "How to Use a Cloth Mask" video](#)



HKPR District Health Unit COVID-19 call centre: **1-866-888-4577 ext. 5020**

Leave a detailed message and someone from our call centre will return your call.